

SCA Favorites: “Appetizer Plate”

Lord Lorenzo Petrucci (ben@houseofpung.net) - Saltare 2009

Black Alman (for couples)

4 doubles forward.
Turn to face partner, back away a double.
Come together with a double and turn to the left.
Go a double away from each other, turning around at the end.
Come back together with a double and turn to face again.
Man does a set and turn single (step left, step right, turn around).
Woman does the same.
Take both hands and change places, circling clockwise.
Slip up the hall 4 steps (to the man's right).
Change places again.
Slip back down the hall 4 steps.
Back away with a double.
Come together with a double, take hands, and face forward again.

The dance repeats 4 times. On repeats 1 & 3 the man does the set and turn single figure first. On repeats 2 & 4, the woman goes first.

Pinagay Bransle

Part A:

Double left, kick left.
Double left, kick left, kick right, kick left.

Part B:

Double left, double right.

Charlotte Bransle

Part A:

Double left, kick left, kick right.
Double right.
Repeat.

Part B:

Double left, kick left, kick right.
Single right, kick left, right, left.
Single left, kick right, left, right.
Double right.

War Bransle (*Bransle de Guerre*)

Part A:

Double left, double right (repeat 4 times).

Part B:

Double left, double right.
Single left, single right.
Double left.
Single right, single left.
Double right.
Single left.
Kick right, left, right.
Capriole (hop in place).

Heart's Ease (for two couples facing)

In a double and back; that again.

Chorus:

Men fall back a double from your partner.
Men go forward a double and turn your contrary by the right hand.
All fall back a double from your contrary.
Come back together a double and turn your partner by the left hand.

Side right with your partner.

Side left with your contrary.

Chorus.

Arm right with your partner.

Arm left with your contrary.

Chorus.

Petit Riense (for sets of three dancers)

16 pive forward.

Person 1 does 4 pive.
Person 2 catches up with 4 pive.
Person 3 does the same.

Person 1 goes forward a double.
Person 2 catches up with a double.
Person 3 does the same.

1 and 2 riverenza.
2 and 3 riverenza.
All riverenza.

Double left backwards away from each other.
Double right back together.
Continenze left and right.
Voltatonda left.

Repeat until music ends, usually 2 or 4 times.

For more information and links to music for these dances, visit the Renaissance Dance Database at <http://www.rendancedb.org>