

# 15th Century Italian Dances For 3 People

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## Gioioso in Tre

*Bassadanza Time (slow 6/4):*

A: Riprese left and right.

Ends trade places in front of the center with two singles and two doubles, with the left end passing on the inside.

Riprese left and right.

Ends trade back as before.

Ripresa left and right.

Center circles the left end with two singles and two doubles.

Ripresa left and right.

Center circles the right end with two singles and two doubles.

B: Riprese left and right.

Together, go forward with two singles and one double.

Ends circle counterclockwise with two doubles, as the center does two riprese (right and left).

Voltatonda with two singles (right and left) and a ripresa right.

B section repeats.

*Saltarello Time (fast 6/8):*

Do 16 saltarelli, together or apart, as you choose.

*Quadernaria Time (fast 4/4):*

Center does a movimento.

Ends do a movimento.

Center goes a double (in whatever direction he chooses).

Ends do a movimento.

Center does a movimento.

Ends go a double.

This section repeats, with the set coming back together with the last double.

Entire dance repeats, with the ends changing roles if desired.

## Belfiore

Begin with all three in a line one behind the other. It is written for 2 men with a woman in between, but can be done with any configuration of genders.

*Quadernaria:*

12 pive forward.

Person 1 continues forward with a double.

Person 2 catches up with a double.

Person 3 catches up with a double.

*Piva:*

Each does a movimento in turn (Person 1, then 2, then 3).

*Quadernaria:*

Each does a voltatonda in turn (Person 1, then 2, then 3).

*Piva:*

Person 1 goes to the end of the line with 3 doubles, ending with their right shoulder toward Person 3.

Person 2 does the same.

Person 3 does the same.

NB: Be sure to keep the set small at this point to make the next section easier.

Person 1 and Person 3 circle clockwise around Person 2 with a double, switching places.

Person 2 does 3 pive and a single, circling to their right around Person 1, then between Person 1 and 3, continuing forward to end just in front of the other two.

Repeat twice more, with Person 3 falling in behind Person 2, and Person 1 at the end as the pive begin.

## Spero

Begin with all three side by side, holding hands. It is written for 2 women with a man in between, but can be done with any configuration of genders.

*Part 1 (Quadernaria):*

4 doubles forward, beating the foot forward at the end of each.

Person 2 leaves with 2 singles and a double.

The other two catch up with the same. As they finish their double, Person 2 does a meza volta.

*Part 2 (Quadernaria):*

2 doubles in the direction the dancers are facing, beating the foot flankingly forward at the end of each, and ending with a meza volta to face.

*Part 3 (Saltarello):*

4 saltarelli to pass by each other and end with a meza volta to face again.

Ripresa left, ripresa right. (single steps)

Riverenza left, single left backward.

*Part 4 (Bassadanza):*

3 riprese portogalesi (flanking forward - right, left, right).

Person 1 and 3 end with a meza volta so all are facing down the hall.

Ripresa left.

Voltatonda with two singles (right and left) and a ripresa right.

Riverenza left.

*Part 5 (Piva):*

Person 2 takes right hands with the person on the right and they circle with 3 pive (left, right, left).

Person 2 does the same by left hands with the person on the left (right, left, right).

Person 2 movimento, the others movimento.

Person 2 voltatonda, the others voltatonda.

Dance repeats, with Person 1 and Person 3 in the opposite roles.



For more information and links to music for these dances, visit the Renaissance Dance Database at <http://www.rendancedb.org>